

WELCOME TO THE CRUISE PORT OF

THE PORT  
CLOSEST TO  
THE ATLANTIC  
OCEAN ROAD

# KRISTIANSUND

THE GATEWAY TO THE ATLANTIC OCEAN ROAD



2023-2024

Photo: lamillie/vistorninvest.no



# KRISTIANSUND

— FLOATING IN THE ATLANTIC OCEAN...

## Why Kristiansund?

- Closest port to the Atlantic Ocean Road
- Berth directly in the town centre
- Shopping, souvenirs, local handicrafts and jewellery
- Wide variety in nature, attractions and activities
- Intimate, colourful seaport on four islands at the ocean's edge
- Two stave churches in the area, two fishing villages to explore and our own opera in town

















# INDEX

- WELCOME TO KRISTIANSUND** ..... 6
- CRUISE PORT OF KRISTIANSUND** ..... 7
- PORT FACILITIES, SERVICES AND INFORMATION** ..... 8
- WHAT TO EXPLORE?** ..... 10
- TOURS AND EXCURSIONS** ..... 12–25
- OUTDOOR ACTIVITIES** ..... 26–29
- VIP ACTIVITIES** ..... 30–31
- WINTER ACTIVITIES** ..... 32–33
- TO SEE AND DO IN THE CENTRE OF KRISTIANSUND** ..... 34
- CONTACT INFORMATION** ..... 37

## TOUR SYMBOLS:

-  Excursion by bus (or other transportation)
-  Tour includes boat trip
-  Tour includes a (very) easy walk
-  Easy hiking – no experience required
-  Medium hiking – some experience recommended
-  Tour includes scenic locations
-  Tour includes visit to a church or stave church
-  Tour includes a museum
-  Tour or activity suitable for families with children
-  Tour includes a cultural element such as art or music
-  Experience local produce
-  Tour suitable for smaller groups or can be tailored to VIP customers

## WHAT TO SEE?


More about attractions in Kristiansund on page 34.

## LEARN MORE

– about cruise destination Kristiansund:  
[www.knhavn.no/cruise](http://www.knhavn.no/cruise)  
[www.visitnorthwest.no](http://www.visitnorthwest.no)

See also our other  
 cruise destination:  
**SMØLA – ISLAND GEM OF  
 THE ATLANTIC OCEAN**  
 Tender port for small ships  
 and expedition  
 cruises only



Member of: Cruise  Norway







## WELCOME TO KRISTIANSUND

– the top of Fjord Norway and the gateway to the Atlantic Ocean Road

Kristiansund is the natural port of call for experiences of coast and ocean, culture and history.

The nearby Atlantic Ocean Road has been ranked the world's most scenic road trip. This amazing and unique stretch of road takes you right out to the ocean's edge, running across an archipelago of small islands and islets. Beautiful on a calm and sunny day, dramatic in storms and the rain – no matter what, always an unforgettable experience!

Kristiansund is known for clipfish and opera, which invites to both culinary and cultural experiences. This intimate, colourful and convivial town is spread out on four main islands at the edge of the ocean, with a charming harbour in the middle.

The passenger service boat «Sundbåten» has been

in service since 1876 to transport the locals between the islands. Considered to be the world's oldest public transport service in uninterrupted use, it is at the same time a great way to experience and explore Kristiansund!

The landscape at the top of Fjord Norway is full of contrasts. Deep fjords, steep mountains, lovely villages, traditional summer pasture farms and vibrant island communities await you. The region offers a wide range of great experiences and activities, suitable both for the more active visitors and those who just want to admire the scenery.

Welcome!

ALSO  
TURNAROUND  
PORT

## CRUISE PORT OF KRISTIANSUND

Two cruise quays in town centre!

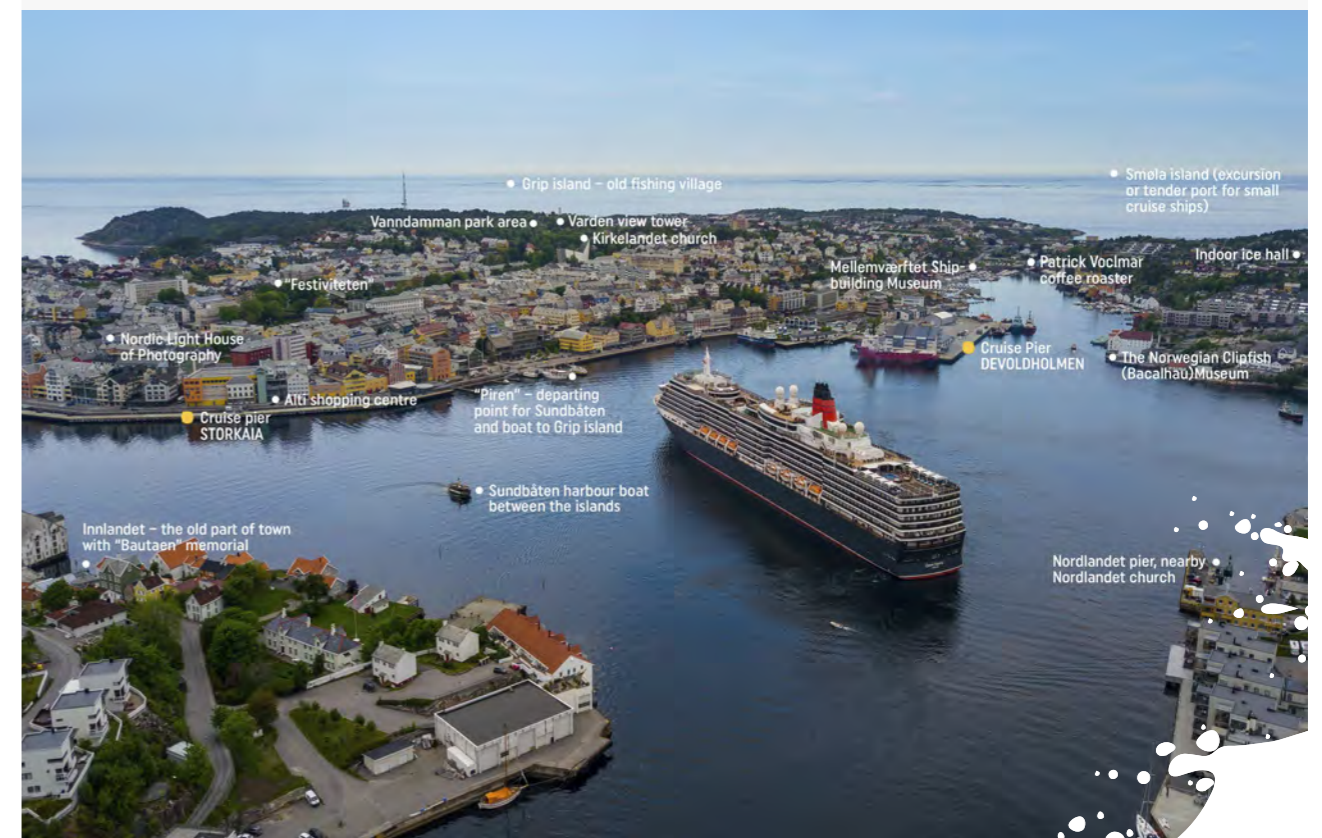
Our two cruise ship quays are located in the heart of the town within easy reach of attractions, activities and shopping.

The main cruise quay at «Storkaia» can accommodate ships up to 300 m (984 ft). The vessels are moored alongside Kristiansund's most central quay with a shopping centre including around 35 shops across the street. Further shops, restaurants, cafés as well as attractions are located nearby.

Passengers benefit from safe and easy embarkation and disembarkation within the ISPS fence. Coaches can park easily on the quay, just a few steps away from the ship.

We offer a full range of services, such as delivery of bunkers, fresh water, supplies, waste handling and wastewater.

The Port of Kristiansund is also available for smaller turnaround operations. Kristiansund Airport, Kvernberget, is located only 8 km from the city centre.





# PORT OF KRISTIANSUND

## – Facilities, services and information

### PORT AUTHORITY

Port of Kristiansund and Nordmøre IMC  
Contact info on page 37.

### DOCKING INFORMATION

Berths for cruise: 2  
Landing largest ship: 300 m  
Air draft: No limit  
Tidal movement: 1.8 m

### ANCHORAGE/TENDER

Anchorage position: Bolgsvaet  
Max GT: No limit  
Type of bottom: Sand and mud  
Minimum depth: 70–90 m  
Distance from anchorage to tender pier: 1.5 nm

### PORT SERVICES

Bunkers (by barge)  
Fresh water bunkering  
Garbage landing  
Sludge landing  
Grey water landing  
Special waste

### TURNAROUND FACILITIES (Devoldholmen)

Check in counters (rental upon request)  
Restrooms  
Wi-Fi service  
Taxi  
Distance to airport: 8 km, Kristiansund Kvernberget

### TERMINAL EQUIPMENT (Rental upon request)

Mobile luggage units  
Forklifts  
X-ray and screening of guests and luggage

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS approved)  
Watchmen service  
Shore power: 820 kWh (Storkaia)  
ESI discount  
Max ships per day: 2  
Max pax per day: approx. 4 000

### OTHER

Crew facilities: WiFi. See our crew guide with insider tips and crew member discounts.  
Online cruise schedule: [knhavn.no/cruise/cruise-calls](http://knhavn.no/cruise/cruise-calls)  
Itinerary planner for most Norwegian cruise ports: [planner.cruise-norway.no](http://planner.cruise-norway.no)

### TOURIST INFORMATION

No official tourist information office. Info board and maps available at the cruise piers. Info, maps and brochures are also available at «Servicetorget» at the town square (open weekdays 8–15).  
Visit company: Visit Northwest, see page 37.

Information updated March 2023.  
Subject to possible changes and errors.



Devoldholmen cruise pier



Storkaia cruise pier

PORT OF KRISTIANSUND  
– EASY REACHABLE  
FROM THE MAIN  
SHIPPING LANE

### Cruise quays in Kristiansund town centre:

	STORKAIA	DEVOLDHOLMEN
Length	300 m	205 m
Depth	10 m	10 m
Height quayside	Low 3.55 m High 2.30 m	Low 3.55 m High 2.30 m
Fenders	Dumper tires	Dumper tires
Shore power	850 kWh	No

### Ship measurements:

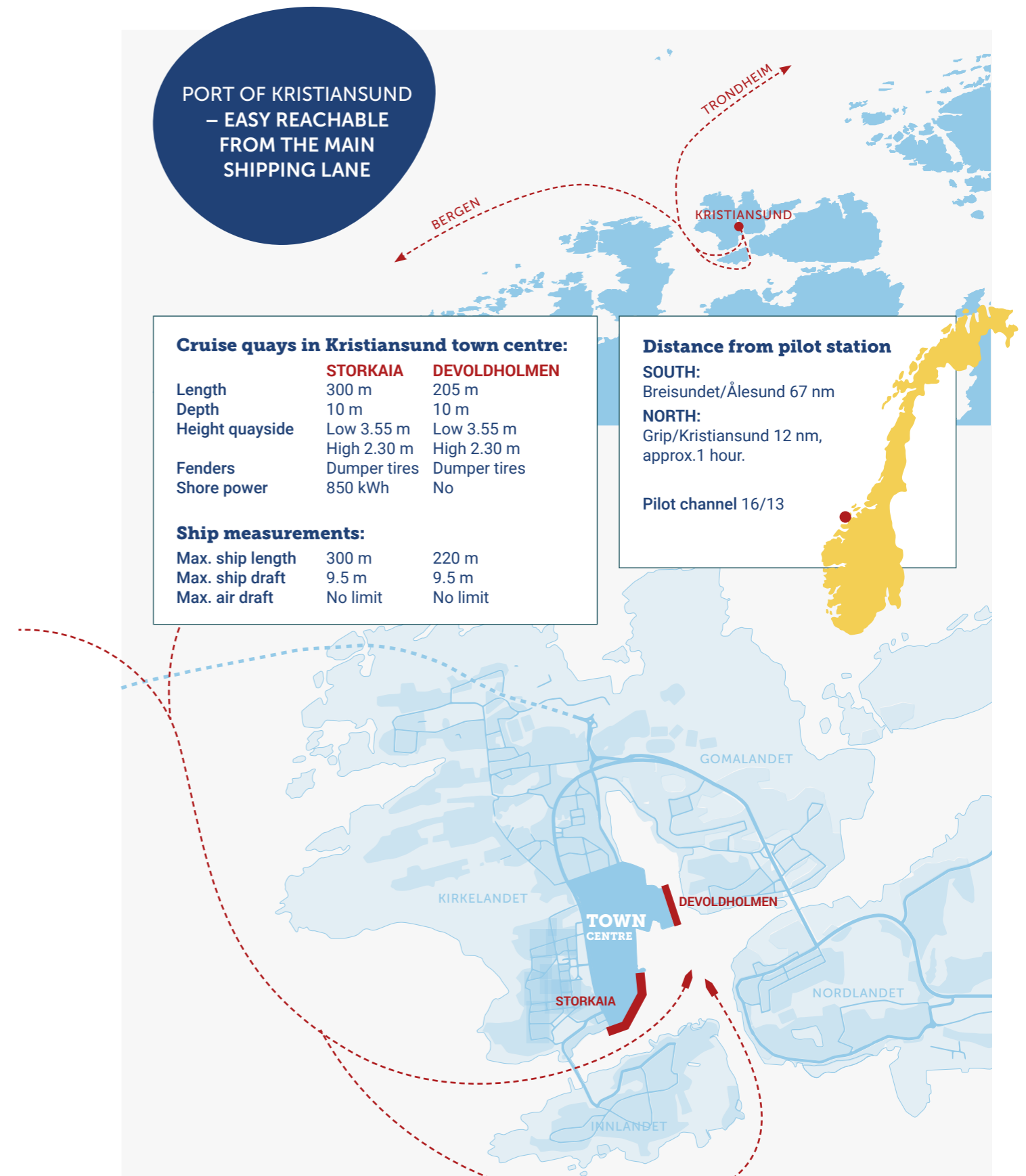
Max. ship length	300 m	220 m
Max. ship draft	9.5 m	9.5 m
Max. air draft	No limit	No limit

### Distance from pilot station

**SOUTH:**  
Breisundet/Ålesund 67 nm

**NORTH:**  
Grip/Kristiansund 12 nm,  
approx. 1 hour.

Pilot channel 16/13





# WHAT TO EXPLORE?



Destination	Tour number	Page
KRISTIANSUND	3	HARBOUR SIGHTSEEING WITH THE ICONIC «SUNDBÅTEN» ..... 14
	4	KRISTIANSUND – THE CITY OF CLIFFFISH ..... 15
	5	TASTE OF NORDMØRE – CLIFFFISH, OPERA AND CIDER <b>NEW!</b> ..... 16
	6	THE OPERA TOWN KRISTIANSUND – A MUSICAL SOUVENIR <b>THEME CRUISE!</b> ..... 17
	7	ORGAN PERFORMANCE IN THE ATLANTIC CATHEDRAL <b>NEW!</b> ..... 18
	14	EASY HIKING OR COASTAL WALK CLOSE TO TOWN CENTRE ..... 26
	15	SHERPA STEPS UP THE MOUNT KVERNBERGET <b>NEW!</b> ..... 27
	16	DEEP SEA FISHING TOUR WITH GUIDE ..... 28
	18	SCENIC FLIGHTS: EXPLORE KRISTIANSUND AND NORDMØRE FROM ABOVE ..... 30
	19	RAFTING THE ATLANTIC OCEAN ..... 31
	20	INDOOR ICE ACTIVITIES – SKATING OR CURLING WITH GLÜHWEIN ..... 32
21	WALKING TOUR IN MARITIME KRISTIANSUND ..... 33	
THE ATLANTIC OCEAN ROAD	1	THE ATLANTIC OCEAN ROAD & KVERNES STAVE CHURCH ..... 12
	2	THE ATLANTIC OCEAN ROAD & THE MARBLE CAVES ..... 13
	17	ATLANTIC OCEAN ROAD ADVENTURES – SEAL SAFARI, OCEAN SAFARI AND DIVING ..... 29
GRIP ISLAND	8	GRIP ISLAND – UNIQUE AND UNFORGETTABLE ..... 19
TINGVOLL	9	CIDER TASTING AT TINGVOLL – ECOLOGICAL AND AWARDWINNING <b>NEW!</b> ..... 20
	10	TINGVOLLOST – THE WORLD'S BEST CHEESE ..... 21
TODALEN	13	CRUISING THE TODALSFJORD – IDYLIC AND SECLUDED ..... 24
SMØLA ISLAND	11	SMØLA ISLAND – CULTURAL AND COASTAL HERITAGE IDYLL <b>NEW!</b> ..... 22
	12	SEA EAGLE SAFARI – BOAT EXCURSION TO SMØLA ..... 23



## TOURS AND EXCURSIONS



## THE ATLANTIC OCEAN ROAD & KVERNES STAVE CHURCH

1

The Atlantic Ocean Road is a «must see» attraction, only a 30-min. drive from the centre of Kristiansund. This amazing and unique stretch of road takes you right out to the ocean's edge, running across an archipelago of small islands and islets. The tour includes a stop at the scenic walkway to really experience the salty and refreshing surroundings.

The next stop is the unique Kvernes stave church, beautifully situated along the Kvernes fjord. The church is one of the youngest stave churches in Norway, dating from approx. 1630 AD.

Kvernes stave church was built on historical ground and has a magnificent view of the sur-

rounding fjord.

**OPTIONAL ADD-ON:** Lunch en route. Norwegian Folk Music in the church.

**Duration** 3–4 hrs

**Season** All year

**Capacity** Max. 45 per bus

**Included** Bus transport, local guide and guided tour of Kvernes stave church

**Note** Easy walk on the Atlantic Ocean Road

**Contact** Kvernes stavkirke | (+47) 951 81 111 | stavkirkenikvernes@gmail.com | www.stavechurch.com/kvernes-stavkirke

## TOURS AND EXCURSIONS



2

## THE ATLANTIC OCEAN ROAD & THE MARBLE CAVES



The Atlantic Ocean Road is a «must see» attraction, only a 30-min. drive from the centre of Kristiansund. This amazing and unique stretch of road takes you right out to the ocean's edge, running across an archipelago of small islands and islets. The tour includes a stop at the scenic walkway to really experience the salty and refreshing surroundings.

Continue with a visit to the magical and mystical marble caves at «Bergtatt». The caves are a result of mining operations since 1938.

The fleet ride into the caves, on crystal clear water, accompanied by enchanting lightning and soft music, is truly amazing.

**OPTIONAL ADD-ON:** Coffee, lunch or snack.

**TIP!** Upgrade with musical entertainment and trolls.

**Duration** 5 hrs

**Season** All year

**Capacity** Max. 45 per bus

**Included** Bus transport, local guide, guided tour and fleet ride at the marble caves.

**Note** Easy walk on the Atlantic Ocean Road. Helmet and life jacket provided for fleet ride inside. Wheelchair accessible.

**Contact** Bergtatt Opplevelser (+47) 48 31 88 00 | post@berg-tatt.no | www.berg-tatt.no





3

## HARBOUR SIGHTSEEING WITH THE ICONIC «SUNDBÅTEN»



The passenger boat «Sundbåten» is a trademark of Kristiansund. The people here are very proud of its long tradition in the harbour. Like the cable cars in San Francisco, the Sundbåt is amongst the world's oldest public transport companies still in operation, established in 1876.

Explore the inner harbour of Kristiansund during a harbour sightseeing with a local guide. Learn about the development of the town, from timber trade to clipfish export and today's oil industry. From the seaside, see the old maritime district of Vågen, the old town of Innlandet, the oil base area and a vibrant port with industry, business and residential areas side by side.

### OPTIONAL ADD-ONS:

- Coffee and «svele», a typical Norwegian pancake made with sour milk.
- Clipfish snack and refreshments.
- Other local produce.

**Duration** 1.5 hrs

**Season** All year

**Capacity** «Angvik» 50 passengers, «Framnæs» 47 passengers

**Included** Harbour sightseeing with local guide

**Note** Harbour boat is wheelchair accessible.

**Contact** Sundbåten (+47) 92 85 17 44 | post@sundbaten.no | www.sundbaten.no



EASILY  
REACHABLE BY  
BUS OR BOAT

## KRISTIANSUND – THE CITY OF CLIPFISH

4

The Norwegian Clipfish (Bacalhau) Museum is situated in a large and well-preserved warehouse dating back to 1749, used for clipfish production. A visit to the museum gives both a visual and perceptible impression of what came to be of great importance for the development of Kristiansund from the 18th century to the post-war period. You can still smell salt and clipfish.

Learn about traditional clipfish production through photos as well as through stories told by the knowledgeable guides, and taste samples of bacalao.

For easiest access, use the Sundbåten harbour boat. The pier is a short walk (300 m) from the museum.

**Duration** 2 hrs

**Season** All year

**Capacity** Max. 45

**Included** Transport, local guide, entrance to museum, taste sample of bacalao

**Contact** Nordmørmusea (+47) 71 58 70 00 | post@nordmormusea.no | www.nordmormusea.no



## TOURS AND EXCURSIONS



NEW!

5

## TASTE OF NORDMØRE — CLIPFISH, OPERA AND CIDER

Welcome to Kristiansund and beautiful «Festiviteten», the town's opera house for almost a century until 2024. Experience the best our region can offer when it comes to history, architecture, culture and local produce.

The building «Festiviteten» in Jugendstil was completed in 1914, built with rocks from the nearby shoreline and financed with private capital from the town's clipfish production. It's beautifully decorated and filled with history!

Experience the fascinating history of what clipfish has contributed to in the development of Kristiansund. Enjoy traditional folk tunes collected by the Kristiansund-born composer and conductor Ed-

vard Bræin. Taste locally produced cider.

**OPTIONAL ADD-ON:** Complete the experience by adding tapas of clipfish.

**Duration** 1 hour + walk or transfer

**Season** All year

**Capacity** 20–50 persons

**Included** Guided historic tour, a glass of local cider and music with local origin (Bræin).

**Note** Easy walk from pier, 600 m/10 minutes one way. Steps to get into the building and during guided tour inside. Wheelchair accessible.

**Contact** [blueevents.no](mailto:blueevents.no) (+47) 928 55 922 | [ingunn@blueevents.no](mailto:ingunn@blueevents.no) | [www.blueevents.no](http://www.blueevents.no)

## TOURS AND EXCURSIONS



## THE OPERA TOWN KRISTIANSUND — A MUSICAL SOUVENIR

6

THEME CRUISE!



### DID YOU KNOW?

Kristiansund is home to Norway's oldest opera, established in 1928 – soon 100 years old!

Collect a musical souvenir from Kristiansund. The annual Opera Fest Weeks in February comprises around 50 performances and concerts. If you prefer to come at another time of year, we can tailor an event according to your wishes and interests, whether it is opera, operetta, ballet or classical music.

Today's opera House «Festiviteten», completed in 1914 in a combination of Art Nouveau and neo-classicism, is beautifully decorated and filled with history! A brand-new house for opera and culture, named «Normoria», will be ready in 2024.

The visit could start with a guided tour, followed by a performance of your choice.

**Duration** 1–4 hrs + walk or transfer

**Season** All year. Annual Opera Festival Weeks in February (see p. 35)

**Capacity** 45–350/450 persons

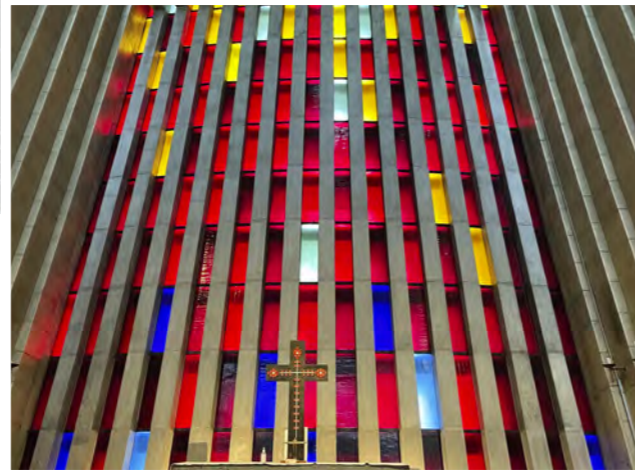
**Included** Concert, guided tour, coffee and cake

**Note** Easy walk from pier, 600 m/10 minutes one way. Steps to get into the Opera House and during guided tour. Wheelchair accessible.

**Contact** [Operaen i Kristiansund](mailto:operaen@oik.no) (+47) 71 58 99 60 | [post@oik.no](mailto:post@oik.no) | [www.oik.no](http://www.oik.no)



## TOURS AND EXCURSIONS



NEW!

7

## ORGAN PERFORMANCE IN THE ATLANTIC CATHEDRAL

Kirkelandet Church, "The Atlantic Cathedral", was built in 1964 to replace the wooden church that burned to the ground during the WW2 bombing of Kristiansund in April 1940. The church was designed by architect Odd Østby, based on the idea «Rock crystal in roses». The building consists of several parts that spread in different directions like rock crystal, and the roses refer to the flowers in the park on the western slope. It was the first truly modern church in Norway with an architecture attracting much attention.

The 30-meter-high chancel wall filled with 320 glass panes in all shades of red and yellow, is the dominating element of the church. When light flows through the panes, it is transformed into a symphony of colours.

Enjoy a guided tour of the church and a short concert on the church organ performed by the church cantor.

**OPTIONAL ADD-ON:** Extend with a visit to Nordlandet church (1914), known for its beautiful fresco paintings and stained glass by Emanuel Vigeland. The church is situated up a hill with view over the harbour and the town. Bus transfer required.

**Duration** 1–1.5 hrs (incl. walk or transfer)

**Season** June–September, other periods on request

**Capacity** Max. 100 persons (Nordlandet Kirke (add-on) max. 50 persons).

**Included** Guiding by the church guardian, concert by the church cantor.

**Note** Toilet facilities available. Wheelchair accessible. Bookings must be made no later than 30 days in advance.

**Contact** The Church of Kristiansund (+47) 71 57 38 00 | kirkevergen@kristiansund.kommune.no | www.kirken.no/kristiansund

## TOURS AND EXCURSIONS



8

## GRIP ISLAND — UNIQUE AND UNFORGETTABLE

The tiny, beautiful island Grip is one of a kind! The island, located in the ocean 14 km outside of Kristiansund, was already an important fishing village in medieval times.

Until 1964, Grip was Norway's smallest municipality with 115 residents – today it is a summer vacation paradise with quaint narrow streets, colourful houses and a small café. Amid the houses stands a picturesque stave church dating back to 1470. Guided tour of the island and visit to the stave church.

There's also enough time to explore the idyllic surroundings on your own, and just enjoy the fresh air and the lovely atmosphere. You will be charmed by this island!

**Duration** 3.5 hrs

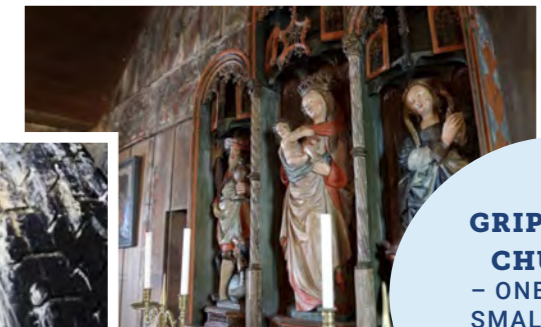
**Season** May–September (main season). April–November on request.

**Capacity** Max. 48 persons

**Included** Boat trip, guided tour incl. stave church.

**Note** This tour is weather dependent. Boat trip is approx. 35 min one way. Soft drinks and coffee for sale on board. Wheelchair accessible.

**Contact** Gripruta (+47) 92 85 17 44 | post@gripruta.no | www.gripruta.no



**GRIP STAVE CHURCH**  
— ONE OF THE  
SMALLEST OF  
ITS KIND  
IN NORWAY



NEW!

9

## CIDER TASTING AT TINGVOLL — ECOLOGICAL AND AWARDWINNING



The eco municipality of Tingvoll is located by the fjord, a short 1-hour drive from the centre of Kristiansund.

Visit **Tingvoll Sider** at Strupstad farm, idyllically located with an amazing view over the fjord and to the mountain range Trollheimen – the home of the trolls. The farm has been inhabited since before the 1300s and has traditions for growing fruits.

In 2020, today's owner Silje Osnes planted an apple orchard on the fields where her great grandfather once planted his trees. She turns the apples into noble drops of cider and juice. The cider won medals in the World Championship of cider in 2022.

Sustainability is important in every step of the production. Join a guided tour of the farm to learn about the process from growing the apple to sparkling cider and taste the drink among the

apple trees (approx. 1.5 hrs).

You can also visit the farm shop and bring some of the local specialties with you home.

**OPTIONAL ADD-ON:** Lunch or snack.

**TIP!** Combine with another nearby attraction, such as Tingvoll cheese, Tingvoll church or the Tingvoll museum – see next page for information.

**Duration** 3.5–5.5 hrs

**Season** Spring, summer, autumn

**Capacity** 40 persons

**Included** Bus, guide, visit at Strupstad farm and a taste of cider

**Contact** Tingvoll Sider (+47) 416 16 846 |  
post@tingvollsider.no | Facebook/Instagram  
@strupstadgarden



## TINGVOLLOST — THE WORLD'S BEST CHEESE

10

The eco municipality Tingvoll is located by the fjord, a short 1-hour drive from the centre of Kristiansund.

A tremendous adventure started back in 2003 at the Saghaug farm in Tingvoll, when the family Waagen established «Tingvollost» (Tingvoll Cheese) – a family-run dairy farm producing white and blue mould cheese based on pasteurized cow's milk from their own farm.

Best known is the blue mould cheese «Kraftkar», winning the award of "The Best Cheese in the World" in 2016. The farm has its own farm shop with a selection of local foods and crafts. Through a window you can follow the fermentation process.

The cows graze outside in the summer season. They all have a name and their own personality, and they appreciate a visit too! The farm is adapted to children with a small playground. Seats and

toilets are available.

The medieval **Tingvoll church** (around 1180) is one of few remaining old stone churches that was built in Norway. Beautiful interior and a stone at the altar contains a runic inscription.

**Tingvoll museum** is a 19th century farm consisting of several buildings, such as schoolroom, shop, gate saw, mill and smithy. Go back in time and experience how life unfolded in the Norwegian countryside 100 years ago.

**OPTIONAL ADD-ON:** Lunch or snack.

**Duration** 3–5 hrs

**Season** May–September

**Capacity** 8–50 persons

**Included** Bus, guide, entrance and guided tour

**Contact** Tingvollost AS (+47) 46 16 40 00 |  
post@tingvollost.no | www.tingvollost.no



TOURS AND EXCURSIONS



NEW!

11

SMØLA ISLAND

— CULTURAL AND COASTAL HERITAGE IDYLL



Explore the highlights of Smøla island on this full day excursion by bus (including local ferries).

Visit the Guri Centre, a regional culture and coastal pilgrim center. The centre offers both exhibitions and activities and uses new technology in the dissemination. See also the beautiful Old Edøy Church, a stone church from around 1190.

At Dyrnes, you can visit a small, private fisheries museum located in an old wharf. The museum exhibits a large collection of fishing, catching and wreck related items.

Visit the charming fishing village of Veiholmen at the northernmost tip of Smøla. Around 300 people live here. Guided walk in this small but lively fishing community with local cafés and pubs, an exciting museum and coastal heritage idyll.

**Duration** 8-10 hrs

**Season** All year

**Capacity** 2 buses, max. 45 per bus

**Included** Bus, local guide, local ferries, guided walk, museums.

**Contact** Holberg Shipping (+47) 45 00 14 50 | sindre@holbergshipping.no | www.holbergshipping.no

TOURS AND EXCURSIONS



12

SEA EAGLE SAFARI — BOAT EXCURSION TO SMØLA

Smøla is an island located north of Kristiansund. It is surrounded by a huge archipelago and is known for its rich wildlife. Join this guided safari to experience the densest white-tailed eagle population in the world!

This tour can be made as a half day excursion (4-5 hrs) with packed lunch, including an exciting Sea Eagle Safari and a guided tour of one of the small, old fishing villages.

Convenient transport to Smøla by private high-speed passenger boat «MS Møreskyss» or «MS Skalmen».

The safari includes a scenic boat ride to the prime location for sea eagles, far off the beaten track, with very good chances of a wild life encounter.

**OPTIONAL ADD-ON:** Lunch at a local guest house.

**Season** All year

**Capacity** «Møreskyss» 33 passengers, «Skalmen» 12 passengers, RIB max. 11 per boat.

**Included** Boat transport to Smøla, local guide, eagle safari, lunch

**Note** Necessary equipment (thermal suit and life jacket) for the boat ride will be provided. Wear footwear and clothing suitable for weather and season.

**Contact** Holberg Shipping (+47) 45 00 14 50 | sindre@holbergshipping.no | www.holbergshipping.no

**This tour is a must for photographers!**



We recommend you bring a tele-lens. 70-200/300/400 mm are perfect for eagle photography.



## TOURS AND EXCURSIONS



13

# CRUISING THE TODALSFJORD — IDYLIC AND SECLUDED

EXPERIENCE  
THE TOP OF  
FJORD NORWAY!



Todalen is a small village with around 350 inhabitants, situated about 120 driving kilometres from Kristiansund. From the Todalsfjord, the valley rises towards Trollheimen and Kårvatn, where the road ends. There are various excursions locally in Todalen. In addition, cruising the fjord itself is a nice experience.

### SUGGESTIONS:

#### 1: FJORD CRUISE OR OVERLAND TOUR WITH VISIT TO TODALEN

Arrival by cruise ship (northbound from Ålesund/Molde/Kristiansund or southbound from Trondheim/Smøla). About 2.5 hrs sailing time (38 nm) from Grip pilot station. Docking or tendering in nearby Surnadal, transfer by bus to Todalen (25 min.) for various activities. Also doable as overland tour from/to Kristiansund (including local ferries).

No additional port fees will be required, if combined with a call to Kristiansund. ISPS security fees will apply.

#### 2: FJORD CRUISE ONLY

Enjoy a scenic sailing on the fjord. For cruise ships calling Kristiansund or Smøla island.

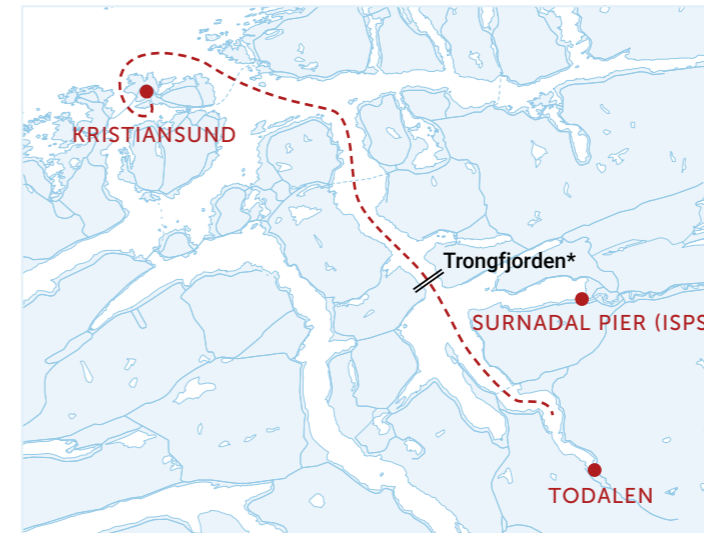
#### 3: BUS EXCURSION TO TODALEN FROM KRISTIANSUND

Cruise ship docking in Kristiansund. Full day excursion by bus to Todalen (including local ferries) for various excursions locally.

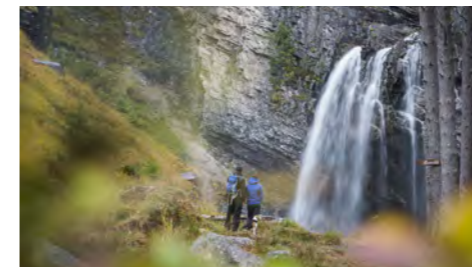
#### Note:

*There are not yet ISPS approved tender facilities in Todalen. The plans for this might be materialized, if there is enough interest from the cruise lines. In the meantime, we can offer a small ISPS approved quay in nearby Surnadal for docking during the stay, or to pick up passengers after an overland tour (max. ship size 130 m, max. draft 6 m). Tender operation is also possible in Surnadal, but today's facilities are not ideal for this. Please contact us if you want to discuss today's or future possibilities for visiting Todalen.*

Contact Port of Kristiansund (+47) 992 99 120 | havnevakt@knhavn.no | www.knhavn.no/cruise



\*Due to an overhead cable located at Trongfjorden, max. air draft is set to 35 m. This height is at its lowest point. Ships can be guided by the pilot to pass closer to the shore, where the height is 70 m. Please don't hesitate to contact us for further details.



### Local attractions and activities:

#### Kårvatn with Nauståfossen waterfall

Kårvatn mountain farm is beautifully located at the top of Todalen valley. From here you can follow a hiking trail to the mighty Nauståfossen waterfall (about 1km/20 min. each way) with its two drops of 110 m.

#### Svinvik Arboretum – botanical garden

A unique botanical garden with 350 different types of rhododendron and 250 types of conifers planted on the mountain slopes down to the fjord. There are also many unusual and beautiful deciduous trees, shrubs and flower beds. Café with homemade specialties of own produce.

**TIP!** Best time to experience the beautiful flowering is usually in May/June, but this depends on the spring temperatures.

#### Todalshytta mountain lodge

A culture-historical treasure in beautiful surroundings, built by the English businessman Ethelbert Lort Phillips in 1901, used as a location for salmon fishing by Englishmen. Possibilities for coffee/snack/lunch.

#### Svinvik hiking trail

This popular and easy round trip goes along the old main roads into Todalen and offers stunning views. The trip starts close to Svinvik's arboretum. The first part is uphill, then flat and downhill. The roundtrip is about 4.5 km/1 hour (not wheelchair accessible).

#### TECHNICAL INFO:

	Docking in Surnadal	Anchoring in Surnadal	Anchoring in Todalen (upcoming)	Fjord cruise only
Max. ship length	130 m	No limit	250 m	300 m
Max. ship draft	6 m	No limit	No limit	No limit
Max. air draft	35/70 m*	35/70 m*	35/70 m*	35/70 m*



## OUTDOOR ACTIVITIES



14

## EASY HIKING OR COASTAL WALK CLOSE TO TOWN CENTRE



### VANNDAMMAN AND VARDEN VIEWPOINT

Start directly from the cruise pier and walk through the centre of Kristiansund with its unique architecture to the park area of Vanndamman and Kringsjå. The area consists of water ponds and idyllic hiking trails in rich and varied vegetation. The contrast to bare sea shores just a few hundred metres away is striking. Continue up to the Varden viewpoint, an old watch tower, offering a nice 360-degree view. The hike is easy, no experience needed.

### HAVSTIEN OCEAN PATH

«Havstien» is a nice coastal hiking trail only 20 minutes by foot from the harbour, offering a fantastic view of the open sea. The terrain is part-

ly hilly, but there are bridges and steps on some parts of the path to ensure good accessibility.

Moderately challenging, some hiking experience is recommended. Total length is 4 km, comprising partly natural path and partly dirt road.

**Duration** Vanndamman and Varden: 2 hrs  
Havstien: 2 hrs incl. walk or transfer

**Season** May–September

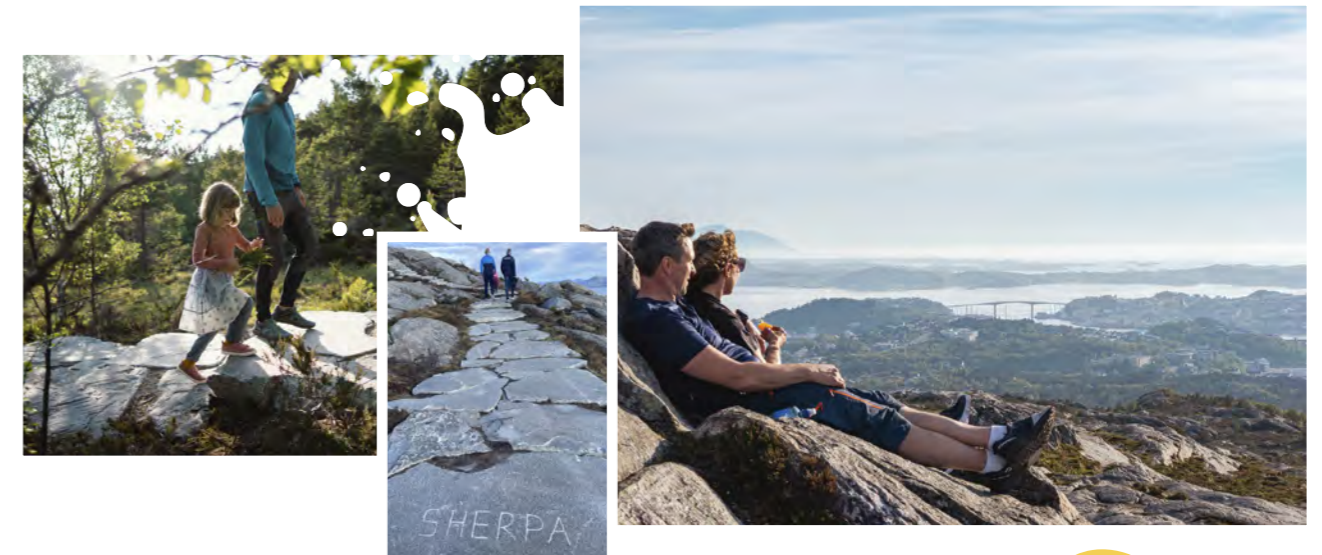
**Capacity** 10-25 persons

**Included** Tea/coffee, snacks

**Note** Wear comfortable shoes and warm, windproof clothing according to weather conditions

**Contact** West Norway Travel (+47) 46 51 45 00 |  
info@westnorwaytravel.com |  
www.westnorwaytravel.com

## OUTDOOR ACTIVITIES



15

NEW!

## «KVERNBERGET OPP» — SHERPA STEPS UP THE MOUNT KVERNBERGET

Mount Kvernberget (205 m) is a small and popular mountain, only a 15-minute drive from the town centre.

You can choose to walk the manmade steps, which start at the very beginning of the trail, or you can choose to walk a nice path that runs parallel to the stairway. The hike is easy, but a bit hilly. The stone stairway to the top was built by Nepalese Sherpas. The steps make it easier and safer to walk, and protect the vulnerable nature.

At the top, you will be rewarded with panoramic views of the town and the surrounding ocean, mountains, fjords and the town. Quite a little effort for maximum view!

The stairs are also built down the west side of the mountain and constitutes a round trip. The west side includes partly walking on rock and partly

steps, and these are a bit more steep than on the main side.

Allow 1 hour for a walk to the top and back. The trip is passable for most people, also those less able to walk. No experience needed.

**TIP!** Combine with a walk to the Varden viewpoint on the way back. Bus from Kvernberget to Varden and walk back to cruise ship.

**Duration** 2 hrs incl. transfer

**Season** May–September

**Capacity** 10–25 persons

**Note** Wear comfortable shoes and warm, windproof clothing according to weather conditions

**Contact** West Norway Travel (+47) 46 51 45 00 |  
info@westnorwaytravel.com |  
www.westnorwaytravel.com



## OUTDOOR ACTIVITIES



16

### DEEP SEA FISHING TOUR WITH GUIDE



Depart directly from the pier in Kristiansund, only steps away from your cruise ship, or from the Atlantic Ocean Road, if you also want to experience the magnificent nature and the unique stretch of road. A qualified fishing guide will show you where the fish are hiding.

Two boats are available, one suitable for 10 persons and the other for 12. You can expect to catch codfish, pollock, mackerel and halibut.

Try your luck!

**Duration** 3–4 hrs incl. bus transport

**Season** May–October

**Capacity** 2–12 persons

**Included** Boat tour, guide, fishing gear and safety equipment

**Contact** Strømsholmen Sea Sport Centre  
(+47) 951 39 269 / 992 26 757 |  
post@stromsholmen.no | www.stromsholmen.no

## OUTDOOR ACTIVITIES



These tours start from Strømsholmen Sea Sport Centre at the Atlantic Ocean Road. Duration is including bus transportation from/to the cruise pier in Kristiansund. Season is May–October.

### ATLANTIC OCEAN ROAD ADVENTURES

17

#### SEAL SAFARI (3 hrs)

About a half-hour boat trip to Orskjæra, where the seals have their colony. You can snorkel with the seals or watch them from the boat. An exciting experience for all ages.

**Capacity** 4–12 persons

**Included** Boat tour, snorkelling equipment

#### OCEAN SAFARI WITH RIB (3 hrs) **NEW!**

A 1-hour RIB tour from Strømsholmen can include a ride across the tidal current Vevangstrømmen, Hustadvika, Kvitholmen lighthouse and the Atlantic Ocean Road. It's also possible to start the RIB tour close to the cruise ship berth in Kristiansund (additional costs implies).

**Capacity** Max. 24 persons per tour (2 boats with 12 persons). Possible with several tours in one day.

**Included** RIB tour, floating overall, life vest and glasses (gloves if necessary).

#### DIVING (4 hrs)

The area offers great diving in crystal clear waters and can compete with anything found elsewhere in Europe. Explore giant kelp forests, numerous wrecks, a rich marine life, drop-off and white, sandy sea beds.

**Capacity** 2–12 persons

**Included** Boat to dive site, 1 dive and equipment. Dive master on request

**Note** Suitable for certified divers only (PADI, CMAS and other legal certification)

**Contact** Strømsholmen Sea Sport Centre  
(+47) 951 39 269 | (+47) 992 26 757 |  
post@stromsholmen.no | www.stromsholmen.no

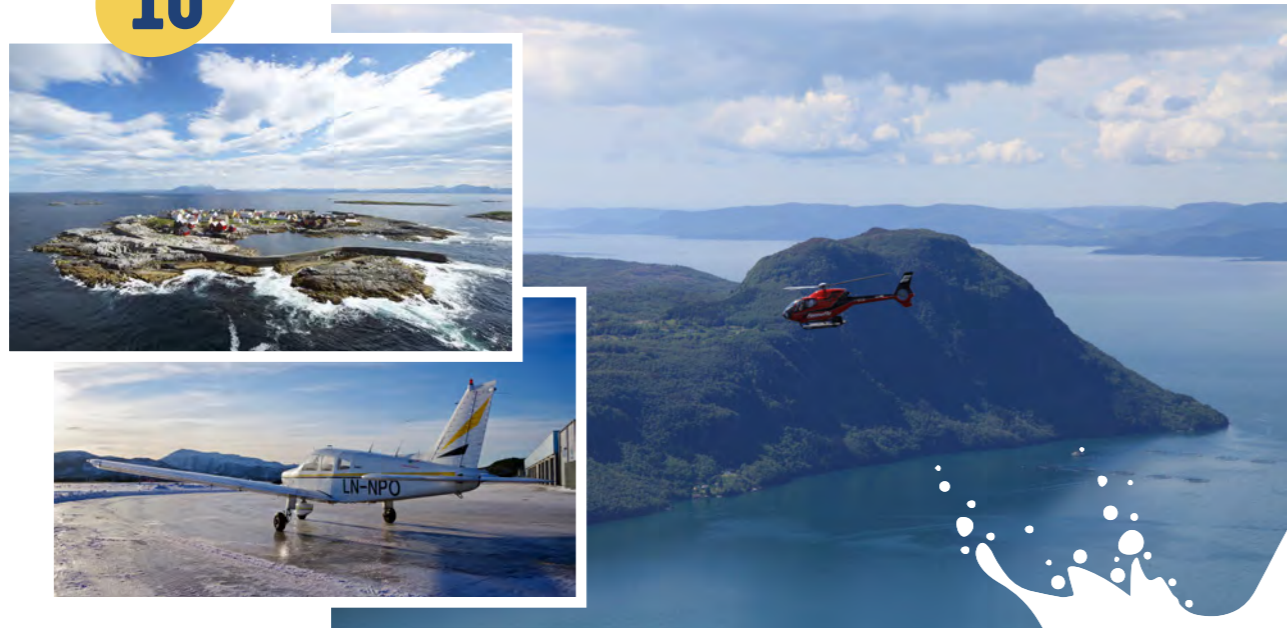


## VIP ACTIVITIES



# SCENIC FLIGHTS: EXPLORE KRISTIANSUND AND NORDMØRE FROM ABOVE

18



Looking for a unique experience? Look no further than a sightseeing tour by helicopter or a small plane. A scenic flight will give you the ultimate birds-eye view of the spectacular landscape of

### FLIGHT-SEEING

**Duration** 1 hour (50 min. flight and 10 min. taxiing)

**Season** All year

**Capacity** Max. 3 persons, all with window seat

**Included** Private flight with English-speaking pilot

**Note** Transportation to/from airport and security briefing comes in addition

**Contact** Møre Flyklubb Att: Trond Sæterøy (+47) 995 92 200 | trond.saeteroy@west-elektro.no | m.me/moreflyklubb

northwestern Norway with its fjords and mountains, and a memory you will never forget. Kristiansund airport and heliport Kvernberget is located only 15 minutes' drive from the cruise pier.

### HELI-SIGHTSEEING

**Duration** Flight time from 20/30/60 min.

**Season** All year

**Capacity** Max. 7 per tour

**Included** Private helicopter tour with English-speaking pilot

**Note** Security briefing before takeoff

**Contact** Fonnafly Helify AS (+47) 974 84 040 | stryn@fonnafly.no | www.fonnaflystryn.no

## VIP ACTIVITIES



# RAFTING THE ATLANTIC OCEAN

19

The open sea and the fantastic archipelago around Kristiansund offer many exciting possibilities for shorter or longer tours by RIB – slow and pleasant or fast and exciting!

For example, a 3-hour Atlantic Safari could include a trip to the Atlantic Ocean Road, the small island of Ringholmen, the idyllic and colorful island of Grip and/or one of the many lovely lighthouses in the area. All tours can be tailored according to your wishes.

**Duration** 1–4 hrs

**Season** All year

**Capacity** Max. 12 persons

**Included** Boat tour with guide. Passengers will be provided with necessary safety equipment, such as lifejacket, thermal-insulated floatation-suits, gloves, goggles and bandana or beanie, in accordance with The Norwegian Maritime Authority (NMA). Appropriate shoes are recommended.

**Note** The RIB boats are modern, secure and certified in accordance with NMA and SOLAS regulations. RIB-pilots are well qualified and experienced drivers, who know the archipelago and waters well. Prior to departure there will be a safety briefing. The RIB provider is fully insured for passenger liability.

**Contact** Holberg Shipping (+47) 450 01 450 | sindre@holbergshipping.no | www.holbergshipping.no





20

# INDOOR ICE ACTIVITIES — SKATING OR CURLING WITH GLÜHWEIN



Enjoy a nice indoor ice-skating experience or a game of curling, including a break with glühwein or another hot drink!

«Arena Nordvest» is a modern, full-scale ice hall in Kristiansund, located only 2 km from the cruise pier.

The ice area of totally 10 000m<sup>2</sup> comprises speed skating track, ice hockey court, curling sheets and a large free skating area.

**Duration** 2–3 hrs

**Season** October–April

**Capacity** Max. 45 per bus. Curling min. 4, max. 24 persons

**Included** Bus transportation to/from, rental of ice skates and helmet. Curling includes instructions, shoes, brooms and stones. Additional equipment for wheelchair is available.

**Note** Ice activities at your own risk

**Contact** Blueevents.no (+47) 928 55 922 | ingunn@blueevents.no | www.blueevents.no



# WALKING TOUR IN MARITIME KRISTIANSUND

21

Begin your walking tour with an approximate 20-minute stroll in flat terrain to the inner harbour of Kristiansund, called «Vågen». Explore this area of traditional maritime knowledge and craftsmanship when visiting the historical and still working shipyard «Mellemværftet». Hear stories of old around an open fire and watch the blacksmith at work.

Up next is a few minutes' walk to the Patrick Volckmar coffee roaster, a café in 1950s–60s style. Learn a little about the town's commercial history and have a taste of the fresh roasted coffee and «smithy cake» made with nuts. You can buy the locally produced coffee to take home as well as other souvenirs, sweets, and yarn in the small shop. Walk back on your own or with the guide.

**Duration** 2 hrs

**Season** September–May

**Capacity** 20 persons per tour

**Included** Guided walk, museum, coffee and smithy cake

**Note** Flat and easy walk from pier to museum (1 km) and from museum to café (450 m), may be snowy/icy. Warm clothing and flat shoes are recommended, ice grips can be useful. Steps to the first floor of the museum. Not suitable for wheelchairs. Toilet facilities at the shipyard and the café.

**Contact** Nordmørmusea (+47) 71 58 70 00 | (+47) 71 58 70 00 | post@nordmorsmusea.no | www.nordmorsmusea.no



# TO SEE AND DO IN THE CENTRE OF KRISTIANSUND



## The Norwegian Clipfish/Bacalhau Museum

Authentic museum, located in a large and well-preserved warehouse dating back to 1749. The warehouse was used for production of clipfish (bacalao, dried and salted cod), which became important in the development of Kristiansund from the 18th century and to the post-war period. A visit here will challenge all your senses: see, hear, touch, smell and taste!



## Mellemværftet Shipbuilding Museum

Mellemværftet – literally «the middle shipyard», is Norway's only «living» shipbuilding museum. Shipyard buildings from 1872 and residential houses from 1887. At the same time a museum from the age of the merchant sailing ships in the 19th century, a working centre for the preservation and use of traditional vessels and a centre for maritime culture. Many veteran craft are anchored/moored in the area. Exhibition and guided tours. Situated in the marina, a 25-minutes walk from the cruise ship.



## Sundbåten – iconic harbour boat

A part of Kristiansund's cultural heritage and the world's oldest public transport service in uninterrupted use. The passenger boat service running between the four islands of Kristiansund started back in 1876. A round trip on your own takes approx. 15–20 minutes with hop on/hop off possibilities. Departing only a few steps from the cruise pier.



## Kirkelandet Church – «Atlantic Cathedral»

Built in 1964 to replace the one destroyed by bombs during the World War II. Modern architecture, perhaps Norway's most daring church building. When light flows through the 320 coloured glass windows in all shades of red and yellow, the 30-metre high chancel wall is transformed into a symphony of colours.



## The Opera House «Festiviteten»

The Kristiansund Opera is the oldest in Norway. Today's opera house, built in Art Nouveau-style, was completed in 1914. This is one of the few older buildings in the centre of Kristiansund that survived the bombing during World War II.



## Vanddamman park area

Nice walking park with rich and varied vegetation and a bird pond, a 20-minutes' walk from the cruise pier. Make sure to pass Festiviteten and Kirkelandet Church on your way.



## Varden viewtower

A copy of an old watchtower with a nice, 360-degree view over the town, the shipping fairway, the fjords and the mountains. Nice walk, about 30 minutes from the cruise pier. Free entrance.



## Patrick Volckmar café and coffee roaster

Located near the shipbuilding museum. Cosy café in 1950 style, delicious coffee and sweets. Souvenirs and a lot of yarn.



## The old part with «Bautaen» memorial

«Innlandet» is the older part of the town with narrow streets and well preserved wooden houses. Here you also find the memorial stone «Bautaen» in memory of a battle in 1808, beautifully situated with a nice view over the harbour. The monument was raised for the centennial commemoration in 1908.

## Annual events in Kristiansund

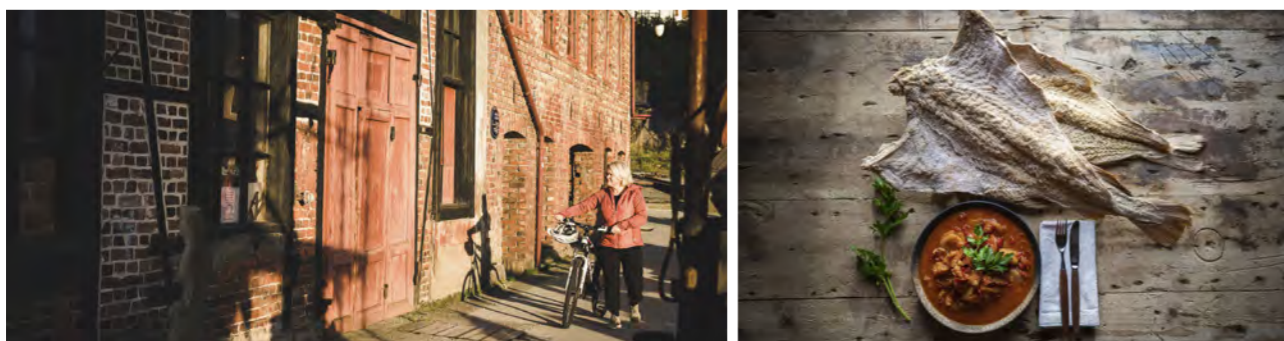
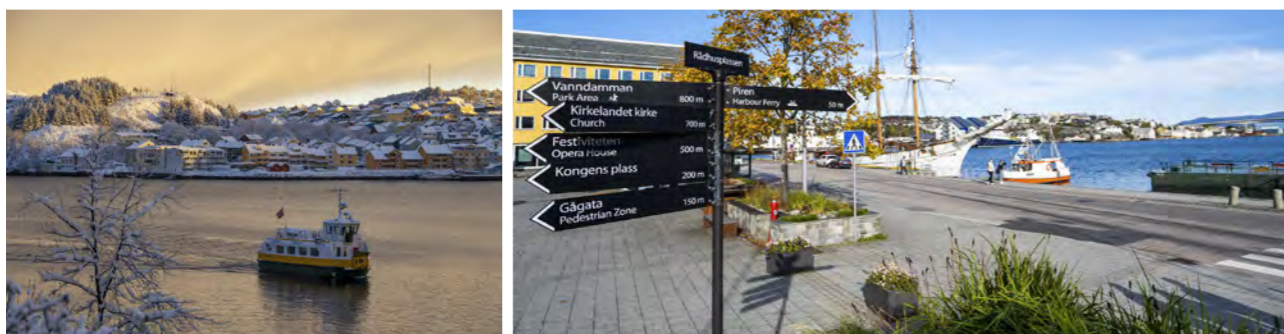
**February** Opera Fest Weeks (2023: February 2–18, 2024: February 1–17)

**June** «Snadderfestivalen» - small festival with local food and beer

**September** Festspillene i Kristiansund (classical music, choir, chamber music and art)

**October** Nordic Light International Festival of Photography





# CONTACT INFORMATION

## PORT AUTHORITY

### Port of Kristiansund and Nordmøre IMC

Visit: Astrups gate 9, NO-6509 KRISTIANSUND  
 E-Mail: [info@knhavn.no](mailto:info@knhavn.no)  
 Web: [www.knhavn.no/cruise](http://www.knhavn.no/cruise)  
 Phone (+47) 992 99 120 (Port traffic service)  
 VHF Channel 12

Contact persons:

Berth reservations, maritime questions:

Bjørnar Eresvik, [havnevakt@knhavn.no](mailto:havnevakt@knhavn.no)

Marketing and destination: Erika Indergaard,  
[ei@knhavn.no](mailto:ei@knhavn.no)

## DESTINATION INFO

### Visit Northwest

[info@visitnorthwest.no](mailto:info@visitnorthwest.no)

(+47) 70 23 88 00

[www.visitnorthwest.no](http://www.visitnorthwest.no)

Contact person: Synnøve Henden,  
[synnove@visitnorthwest.no](mailto:synnove@visitnorthwest.no)

### Cruise destination Smøla

[sindre@holbergshipping.no](mailto:sindre@holbergshipping.no)

+47 482 38 830

[www.holbergshipping.no](http://www.holbergshipping.no)

## AIRPORT AND GROUND HANDLING AGENT

### Avinor – Kristiansund Airport Kvernberget

(+47) 67 03 24 00

[www.avinor.no/en/airport/kristiansund-airport](http://www.avinor.no/en/airport/kristiansund-airport)

### Widerøe Ground Handling

[handling.ksu@wideroe.no](mailto:handling.ksu@wideroe.no)

(+47) 41 70 62 40

[www.wgh.no/location/KSU](http://www.wgh.no/location/KSU)

## BUS & BOAT

### Atlantic Auto AS

[buss@atlantic-as.no](mailto:buss@atlantic-as.no)

(+47) 93 40 55 05

### Boreal Travel AS

[tur@boreal.no](mailto:tur@boreal.no)

(+47) 51 59 90 60

[www.boreal.no](http://www.boreal.no)

### Tide Buss

[tur@tide.no](mailto:tur@tide.no)

(+47) 55 23 87 00

[www.tide.no](http://www.tide.no)

### Sundbåten

[post@sundbaten.no](mailto:post@sundbaten.no)

(+47) 92 85 17 44

[www.sundbaten.no](http://www.sundbaten.no)

### Gripruta

[post@gripruta.no](mailto:post@gripruta.no)

(+47) 92 85 17 44

[www.gripruta.no](http://www.gripruta.no)

### Kristiansund Taxi

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(+47) 71 67 22 22

[www.kristiansundtaxi.no](http://www.kristiansundtaxi.no)

## GUIDE

### Møre og Trøndelag Guideservice

[post@moereguiden.no](mailto:post@moereguiden.no)

(+47) 45 29 98 67

[www.moereguiden.no](http://www.moereguiden.no)

### Noreon Guides & Excursions

[noreon@noreon.no](mailto:noreon@noreon.no)

(+47) 467 85 080

[www.noreon.no](http://www.noreon.no)

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